



# Open Dialogue

#### IN AUSTRALIA



### Leading change in mental health and early intervention



Inaugural Conference 27-28 May 2024 Conference program

#### **DAY ONE**

SESSION 1: WELCOME, INTRODUCTIONS AND THE OPPORTUNITY Arrive 8:30am for an 8:45am start

#### The Art of Deep Listening

#### Welcome to Country

Metropolitan Local Aboriginal Land Council 8:45am – 9:00am

#### Welcome to Open Dialogue

Keith Bryant 9:00am – 9:10am

#### Acknowledgement of Lived Experience

Flick Grey 9:10am – 9:20am

#### The Art of Deep Listening

Emeritus Professor Judy Atkinson 9:20am – 9:50am

3.20am - 3.50am

#### **Audience Reflections**

9:50am - 10:10am

#### The Case for Change

Facilitated by Keith Bryant
With Jan Owen AM, Christine Morgan, Mary O'Hagan, Dr Paul Denborough
10:10am – 11:00am

MORNING TEA 11:00am - 11:20am

#### **SESSION 3: INTRODUCING OPEN DIALOGUE**

#### Open Dialogue and the Open Dialogue Centre

Rachel Barbara-May and Keith Bryant

11:20am - 11:40am

#### Open Dialogue and Young People

Steve Lewin and Youth Insearch team

11:40am - 11:55am

Audience Reflections and Q&A

11:55am - 12:10pm

#### LUNCH 12:10pm – 1:00pm Move into new Audience Reflection Groups at 1.00pm

#### **SESSION 3: OPEN DIALOGUE IN ACTION**

#### Key Implementation Partner presentation: Open Dialogue at Alfred Health

Paul Denborough and Rachel Barbara-May (Sponsored by Alfred Health)

1:10pm - 1:30pm

#### Open Dialogue in Mental Health Services

Women's Recovery Network – Jenny Babb Sydney Children's Hospital Eating Disorder Intensive Program – Lisa Dawson Townsville Early Psychosis Intervention and Assertive Youth Mobile Outreach Service – Elizabeth McNamara 1:30pm – 2:00pm

#### Panel Discussion and Q&A

Facilitated by Christine Morgan

2:00pm - 2:30pm

#### The Future of Open Dialogue

Jaakko Siekkula 2:30pm – 2:45pm

#### Impact and Research in Open Dialogue

Facilitated by Jan Owen, Lucia Boxelaar, Bridget Hamilton, Elisabeth Shaw and Christine Morgan 2:45pm – 3:00pm

#### **Audience Reflections**

3:00pm - 3:15pm

#### AFTERNOON TEA 3:15pm - 3:40pm

#### **SESSION 4: OPEN DIALOGUE GLOBALLY**

#### International Snapshot - HOPEnDialogue and ODDESSI trial

Q&A with Mark Hopfenbeck

3:40pm - 4:00pm

#### Anthropology in the NHS

David Mosse

4:00pm - 4:20pm

#### Reflection Groups and Discussion

4:20pm - 4:50pm

CLOSE

4:50pm - 5:00pm

DRINKS AND DIALOGUE 5:15pm - 7:00pm

#### **DAY TWO**

## SESSION 1: OPEN DIALOGUE ADDING VALUE Arrive 8:45am for 9:00am start

#### Open Dialogue in Australia

## Opening Remarks Reflections from Day 1 and Group intros

Jan Owen AM 9:00am – 9:20am

#### The Art of Presence in Open Dialogue

Mary Olson 9:20am – 9:35am

#### Panel Discussion: Lived Experience

Facilitated by Flick Grey 9:35am – 10:15am Reflection Groups 10:15am – 10:30am

#### MORNING TEA 10:30am - 11:00am

#### SESSION 2: THE FUTURE OF OPEN DIALOGUE IN AUSTRALIA

#### Open Dialogue in Schools

Sarah Farrell-Whelan and Andrea McCloughen Korowal School 11:00am – 11:15am

#### Open Dialogue in Regional Communities: Shepparton

Sally Thomas and Anita McCurdy 11:15am – 11:30am

#### Audience Reflections and Q&A

11:30am - 11:50am

#### The Potential of Open Dialogue

Facilitated by Jan Owen
With Kathi Boorman, Tom Dalton, Karen Hall and Tamara Pararajasingham
11:50am – 12:05pm
Fishbowl Discussion and Q&A

12:05pm – 12:20pm

#### Explanation of breakout groups

12:20pm - 12:30pm

LUNCH 12:30pm - 1:40pm

#### **SESSION 3: OPPORTUNITIES FOR OPEN DIALOGUE**

#### **Breakout Sessions**

Ten breakout groups will enable deeper dialogue and reflection related to contemporary themes on the future Open Dialogue in Australia.

1:50pm - 3:10pm

#### Report Back Session

3:15pm - 4:00pm

#### Closing Remarks

Flick Grey and Keith Bryant

4:00pm - 4:30pm